

# TOWER SUITES

## BREAKFAST FIT FOR ROYALTY

Please tick your chosen items, for each guest.

Calorie & allergy information all explained overleaf.

### FULL ENGLISH

Full English without Egg	736 kcal	
Full English with Fried Eggs	936 kcal	
Full English with Poached Eggs	888 kcal	
Full English with Scrambled Egg	1021 kcal	

### VEGETARIAN FULL ENGLISH

Vegetarian Full English without Egg	668 kcal	
Vegetarian Full English with Fried Eggs	868 kcal	
Vegetarian Full English with Poached Eggs	821 kcal	
Vegetarian Full English with Scrambled Egg	953 kcal	

### NON GLUTEN CONTAINING FULL ENGLISH

Full English without Egg	860 kcal	
Full English with Fried Eggs	1060 kcal	
Full English with Poached Eggs	1012 kcal	
Full English with Scrambled Egg	1145 kcal	

### PANCAKES

Plain Pancakes	387 kcal	
Pancakes with Bacon	701 kcal	
Pancakes with Vegetarian Bacon	628 kcal	
Pancakes with Blueberry Compote	436 kcal	

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### EGGS BENEDICT

Eggs Benedict with Bacon	811 kcal	
Eggs Benedict with Vegetarian Bacon	762 kcal	
Eggs Benedict with Ham	705 kcal	



### OMELETTE

Plain Omelette	399 kcal	
Omelette with Ham & Mushroom	447 kcal	

### CONTINENTAL BREAKFAST

Continental Breakfast	905 kcal	
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MAY CONTAIN

-  BARLEY
-  HAZELNUTS
-  PECANS
-  ALMONDS
-  CASHEWS
-  WALNUTS
-  BRAZIL NUTS
-  PISTACHIO
-  MACADAMIAS
-  EGGS

### COLD DRINKS

	PER 100 ML	
Apple & Raspberry Juice	40.6 kcal	
Orange Juice	38 kcal	
Cloudy Apple Juice	45 kcal	
Apple & Mango Juice	44.7 kcal	

Please let us know of any additional allergens/comments

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### ALLERGIES EXPLAINED



#### Food Disclaimer:

Food allergies & intolerances: please speak to a member of our staff regarding any allergens or intolerances before ordering, please be aware that although every care is taken to prevent cross contamination, foods containing allergens are handled in this food outlet. Dishes are subject to change.